

HEALTH REQUIREMENTS FOR KINDERGARTEN/FIRST GRADE SCHOOL ENTRY

Children beginning school for the first time must show proof that they have received a health examination and immunizations, before they can attend school.

Each school will ask that the attached, "REPORT OF HEALTH EXAMINATION FOR SCHOOL ENTRY" be brought to school, completed and signed by a doctor.

THE HEALTH EXAMINATION:

Must be obtained no earlier than six months before entering kindergarten or eighteen months before entering first grade.

Must include the following services:

- a health and development history
- a complete physical history
- an examination of teeth and gums
- a vision test
- a hearing test
- urine and blood screening test
- a tuberculosis skin test
- other tests if needed

THE IMMUNIZATIONS:

Must include immunizations against measles, mumps and rubella, (MMR or MMR-V). Both doses given on or after the first birthday and only one of mumps and rubella vaccines are required if given separately; against diphtheria, tetanus and whooping cough (DPT/DTaP/DT/Td); against polio (IPV); against Hepatitis B (Hep B), and against chickenpox (varicella) or health care provider documented varicella disease. **(See the attached sheet for more information).**

HOW AND WHERE TO GET SERVICES:

If your child is on Medi-Cal or your family income is lower than 200% of the Federal Poverty Level, your child may be eligible for a **FREE EXAMINATION AND IMMUNIZATIONS**.

The child must go to one of the **CHDP PROGRAM CERTIFIED PHYSICIANS OR CLINICS** listed in this packet to get a free exam. If you have Medi-Cal, call your Primary Care Physician for an appointment.

If your child is not eligible for a free examination, call your family doctor, pediatrician, or **USUAL SOURCE OF MEDICAL CARE**. (The usual fee will be charged.)

If your child is not eligible for a free examination but still needs more immunizations and you cannot afford them, call the **KERN COUNTY DEPARTMENT OF PUBLIC HEALTH** at (661) 321-3000 to ask about immunization clinics.

IF YOU HAVE ANY QUESTIONS ABOUT SCHOOL ENTRY REQUIREMENTS:

Call your school district office for more information about your district's requirements. Call the Health Department's CHDP Program if you need more information about health examinations or are unable to obtain an examination for your child :(661)321-3000 or toll free (877) 818-4787.